

● training courses for practitioners

supporting practitioners to **reinforce resilience**
across south & south-east asia



resilience in practice

Raise resilience with Banyaneer.

The concept of resilience has become an integral part of development and humanitarian efforts. Promoting the ability to anticipate, reduce the impact of, cope with, and recover from the effects of adversity is a sensible objective - especially given the increasing climate variability and frequency of extreme weather events that are amongst the manifestations of climate change.

Targeting project managers and M&E staff, this course provides guidance to holistic and integrated programming and to the measurement of resilience.

From paradigm to practice

In our consultancy work, we have come to realize that while the concept of resilience is generally understood, there are two key challenges in practice: how should projects be best set up to raise resilience? And how should resilience be measured? In this **four-day course**, we will explore answers to both questions.

The course begins with **three distinct perspectives** of resilience - looking at instruments, functions, and outcomes. On the basis of practical examples, these will highlight what a community needs to have, how it needs to act, and what the various results are in terms of outcome-level resilience (reduced direct and indirect damages and losses, as well as social and economic co-benefits).

We then move on to the **programming implications**: this will cover aspects such as **team composition** (generalists/specialists, skills, responsibilities), the **scope** (sectoral integration versus amalgamation), the role of **cross-cutting issues** (e.g. community capacity, social capital), the **level of flexibility** (how far should a

project be planned at the outset?), and the mode of **participatory engagement** (the “transmission belt”, the role of community facilitators and community-based groups). The course provides examples and best practice as well as background reading material - group tasks and simulations are used to consolidate learning and to share participants’ experience.

resilience radar

The final component of the course introduces the resilience radar, our free tool to measure the level of community resilience. We present the underlying logic, the various indices it consists of, the questionnaire and its data analysis sheet.

Participants will grow confidence in applying the tool and in adapting it to specific project contexts. We will conclude with advanced features, including the use of the resilience radar for impact assessments.

This course is initially offered as a team package only - if you would like to get more information, please send us an e-mail to training@banyaneer.com.